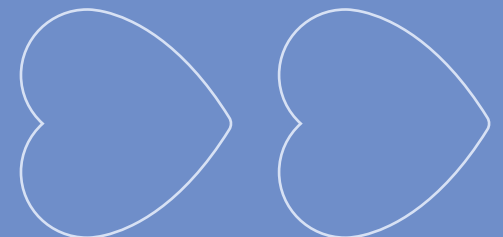




Argentine Society of Cardiology

- The Argentine Society of Cardiology (SAC, for its acronym in Spanish) was born from the shared vision of physicians who sought to build a bridge between basic science and clinical practice. Over the past 90 years, SAC has worked to transform cardiovascular health in Argentina and throughout the region by fostering research and continuous medical education.





# History of SAC



Tratamiento de la insuficiencia cardíaca congestiva y de la angina de pecho  
por la tiroidectomía 76





# ▶▶▶ SAC Milestones





1946

Dr. Blas Moia, a founding member, created Argentina's first cardiology residency program at the Hospital Ramos Mejía, setting a precedent for postgraduate medical training in the country.



1952

Dr. Pedro Cossío organized the 2nd Congress of the International Society of Cardiology and the first Congress of the Inter-American Society of Cardiology outside Mexico, held in Buenos Aires; SAC was one of the founding societies.



1955

1st Congress or Conference on Cardiology in Mar del Plata.



1961

1st South American Cardiology Conference.



1965

Creation of the Córdoba District.



1978

Formalization of educational programs through the Continuing Education Cycles.



1976

Creation of the Argentine Cardiology Foundation, SAC's community outreach arm and a pioneer in the systematic teaching of Basic and Advanced Cardiac Life Support (ACLS).



1975

Acquisition of the current SAC building at Azcuénaga 980, Buenos Aires.



1974

7th World Congress of Cardiology in Buenos Aires, organized by SAC.



1979

Creation of the SAC Library, with 17th- and 19th-century medical books donated by the Cossío Foundation.



1980

Launch of the iconic Biennial Cardiology Course for residents, in collaboration with the University of Buenos Aires; today it provides theoretical training to over 550 residents from across the country and the region. This course has become a cornerstone in the theoretical training of residents.



1985

Launch of the flagship Triennial Cardiology Course for residents in Córdoba, in collaboration with the National University of Córdoba; today it provides theoretical training to over 50 residents.



1990

Formalization of educational programs and the creation of the first SAC councils or working groups.



2020

First scientific society in Argentina to implement webinars and digital transformation during the pandemic.

2022

Establishment of the Digital Medicine Council.

2024

Creation of the Institute of Continuing Education.

2025

Strategic Plan 2025/2027.

2015

Creation of Wikicardio.

2013

First SAC webinar.

2012

1st Congress on Echocardiography and Cardiovascular Imaging (now known as SAC IMÁGENES).

2011

Creation of the Argentine Chapter of ACC.

1991

Establishment of the SAC Research Area.

1992

First female president of SAC, Dr. Liliana Grinfield.

1995

Creation of the SAC Districts Area and 26 districts throughout Argentina.

1996

Development and presentation of SAC's first consensus guideline on ischemic heart disease. Publication of the first FRICAS registry, documenting Risk Factors for Myocardial Infarction in Argentina.

2005

Creation of the SAC Heart and Women Area.

SAC became the first non-European scientific society to affiliate with the ESC.







# ▶▶▶ SAC Today





# • Institute of Continuing Education

SAC pillar responsible for coordinating and supervising all teaching activities.



## Residencies – Biennial Cardiology Course (Location: City of Buenos Aires)

- Designed for 500 residents in their second year of cardiology training.
- It builds on and deepens the theoretical training provided by their home institutions.
- Instructors: cardiologists specializing in each subject area.
- 8 modules with recorded asynchronous lectures and a final assessment.
- In-person workshops: case presentations and small-group discussions. Greater Buenos Aires: in-person; rest of the country: synchronous online.
- Participating residencies: 82 (Greater Buenos Aires: 52; rest of the country: 30).

## Residencies – Triennial Cardiology Course (Location: Córdoba)

- Designed for 45 residents in their second year of cardiology training.
- It complements and enhances theoretical training.
- Instructors: specialist cardiologists.
- Participating residencies: 9 (Córdoba and other provinces).



## Continuous Training

- 31 courses in the first intake.
- 17 courses in the second intake.
- 8 continuous online courses.
- 4 hybrid courses.
- 4 postgraduate diplomas:
  - Advanced University Diploma in Critical Cardiology.
  - Diploma in Nuclear Cardiology (Catholic University of Argentina-SAC).
  - Diploma in Hypertension, Cardio metabolism, and Dyslipidemia.
  - Diploma in Electrophysiology (Catholic University of Argentina-SAC).
- Total: 49 courses with 3,363 enrolled participants.

# • Congresses, Conferences & Webinars



## Congresses

- SAC Congress: 51 editions; attendance in recent years has reached 14,000 professionals.
- SAC IMÁGENES Congress: 13 editions; 1,900 professionals.
- SAC Cardiometabolism and Prevention Congress: 2 editions; 1,300 professionals.

## Conferences

- 13 events in 11 provinces.

## Webinars

- 20 events.

## Consensus & Position Papers

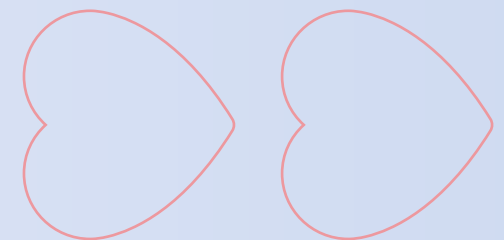
- In 2025, 11 new consensus statements and position papers will be released.
- These will complement the 80 documents developed over the past 5 years, all of which are available on the SAC website.

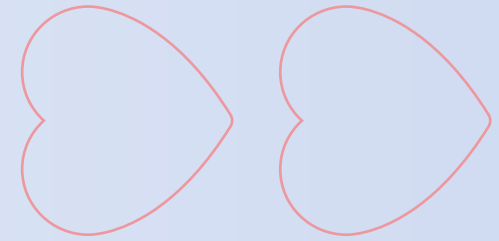
# • Research

The SAC Research Area provides the institutional framework for the development, coordination, and oversight of the Society's scientific projects. Its purpose is to generate high-quality, nationally representative knowledge that advances cardiology, trains researchers, and produces evidence to inform clinical practice and public policy.

## Main Functions:

- Receive and evaluate project proposals.
- Provide methodological advice.
- Maintain a centralized research record.
- Manage the analysis and communication of results.
- Ensure scientific publication and dissemination.
- Promote broad participation of centers and researchers, fostering at least one comprehensive society-led project per year.





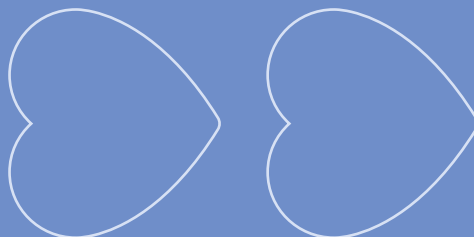
**Currently, there are 16 ongoing registries and 11 surveys.**

List of Registries (using bullet points for clarity):

- Abdominal Aorta Measurement in Argentina.
- National Registry of Atrial Fibrillation and Atrial Flutter in Hospitalized Patients (University of Cordoba).
- Right Ventricular Strain Assessment.
- Registry of Acute Aortic Syndromes in Argentina.
- Prevalence of Psychosocial Factors in Patients with Acute Coronary Syndrome.
- Cardio-Oncology Centers Registry.
- Argentine Registry of Pregnancy and Postpartum Heart Disease.
- Outpatient Frailty Registry.
- Argentine Pulmonary Embolism Registry.
- Argentine Pulmonary Hypertension Registry.
- Aortic Stenosis Registry in Argentina.
- Argentine AF II Registry.
- Valvular Emergencies Registry.
- National Registry of Stroke Care Centers.
- National Survey on Tobacco Use among Physicians in Argentina.
- Coronary Artery Dissection Registry in Argentina.
- Infective Endocarditis in Argentina.
- Survey of High-Complexity Centers in Argentina.
- Interest and Participation of Young Cardiologists in Research Projects.
- Diagnostic and Therapeutic Strategies in Patients with Cardiomyopathy.
- Second National Survey of Cardiovascular Rehabilitation Centers.
- Professional Survey on Bicuspid Aortic Valve.
- Obesity Survey for Physicians.
- Artificial Intelligence in Cardiological Consultations.
- Societies Forum: Labor Aspects.
- Survey on Knowledge of Lp(a).
- Survey on Implementation of Heart Failure Treatment.
- Barriers to Prescribing SGLT2 Inhibitors in Argentina: Health Professionals' Perspective.
- Statin Experience Survey 2015.
- Sports Pre-Participation Assessment in Argentina: Current Status.

- In nearly 90 years, SAC has been a driving force behind the progress of cardiovascular medicine in Argentina and the region. Today, guided by continuous education, research, and digital innovation, we continue to train professionals, disseminate knowledge, and elevate patient care. Together, we are shaping a future where cardiology thrives through collaboration, scientific rigor, and the adoption of new technologies. Our mission remains centered on patients and the community to help them live longer and healthier lives. Yet we are always guided by the enduring values of our founders.

The principles of the physicians who established SAC continue to guide us, and we are committed to honoring them.



Argentine Society of Cardiology

*Amor a mi patria  
Amor a la libertad  
Dignidad personal  
Cumplimiento del deber  
Devoción a la ciencia  
Devoción al trabajo  
Respeto a la justicia y a mis semejantes  
Afecto a los míos  
Octubre de 1943. B. Houssay*

*Love for my homeland  
Love for freedom  
Personal dignity  
Fulfillment of duty  
Devotion to science  
Devotion to work  
Respect for justice and for all humanity  
Affection for those I hold dear—family,  
students, and friends  
October 1943*

Words of  
Dr. Bernardo Houssay (1887-1971)  
Premio Nobel 1947



 [www.sac.org.ar](http://www.sac.org.ar)

Find us on      