



Trials of Cardiovascular Therapeutics

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 9th Edition / Revised 2014
 Buenos Aires: Gador; 2014. 1.135 páginas. ISBN 978-987-23785-1-6

“Not for being known it loses worth...”

We would quite agree after analyzing the 9th edition of the book *Trials of Cardiovascular Therapeutics* 20 years after its original edition.

The authors have known to identify for more than two decades the cardiologist’s zest to consult randomized studies in order to gather consistent evidence upon which a great deal of our professional practice relies.

Even at that time, it was almost impossible to adequately grasp all the available information from the large profusion of trials, and the periodical search of studies, registries, data, statistical analyses of evidence and conclusions for the daily practice was a very frequent habit. Today, two decades after, this has increased exponentially.

Among medical specialties, cardiology has pioneered the production of randomized evidence and, therefore, the proliferation of trials and data generated the need to “classify” them for consultation. Frequently, the cardiologist remembered a certain trial for its appealing name rather than for its content due to the overwhelming number of studies.

An outstanding point of this book is a conclusion, presented after the abstract of the study in question, written by an expert on the subject and on the analysis of the design and results of this type of trials. This constitutes an essential contribution to solve the difficulties in the interpretation of evidence arising from inclusion, endpoint, safety, general design and statistical method biases.

Considering all this, Dr. Mario Fitz Maurice and his team have achieved this 9th edition with more than a thousand pages of trials carefully organized by subjects and, interestingly, by study acronyms, simplifying search. Moreover, the information is presented clearly and concisely, so each study abstract has very good quality.

In conclusion, this work should belong to the reference library of every physician treating cardiovascular diseases, contributing to improve the professional practice by providing valuable information to optimize therapy. We are therefore pleased of presenting it for diffusion.

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